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# **Regine's Book: A Teen Girl's Last Words (True Stories)**



## Synopsis

Regine Stokke began to blog about her day-to-day life shortly after she was diagnosed with an aggressive form of leukemia in 2008. Her stated purpose at the time was to give people a sense of what it was like to live with such a serious illness, and her blog became an almost instant classic. She writes openly about the emotional and physical aspects of her 15-month struggle to survive and explains how her disease impacts her life. In the course of her illness, Regine participated in photography exhibits, went to concerts, enjoyed her friends and family, and advocated for registering as a blood and bone marrow donor. She was a typical teenager with an incredible will to live, and the lessons that she learned have relevance for us all. Through her eyes, readers will discover a more vivid world and a new appreciation for life, art, and the power of the human spirit.

## Book Information

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## Customer Reviews

Gr 8 Up-At age 17, Stokke was diagnosed with a rare form of leukemia. Once the initial shock of diagnosis wore off, she was drawn to blogging as a way to document how she was living with the disease. With a moving and honest voice, she takes readers along on her journey from diagnosis to despair to acceptance. Original photos, artwork, and poetry capture her fluctuating state of mind through the course of the memoir. Her straight talk about her dire situation inspired many fellow Norwegians to become blood and bone-marrow donors and raised awareness of the need to support and engage those living with terminal illnesses. Although the inclusion of hundreds of blog entries does result in a lengthy text, readers will find themselves rooting for Regine until the

end.-Colleen S. Banick, Westport Public Schools, CT Â Â (c) Copyright 2011. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted. --This text refers to an out of print or unavailable edition of this title.

Â¢Â Â“Face your fear. Accept your war.Â¢Â Â• Seventeen-year-old Regine began a blog to document and share her experience after being diagnosed with leukemia in 2008. Selections from her posts are occasionally supplemented with comments left by the supportive and adoring followers of her 15-month journey. Her writing is honest and raw, insightful and inspiring. While her moods swing with the course of her treatment and relapses, her outlook remains steadfastly positive throughout all but the most difficult days. The entries include medical details, physical changes, the reactions of family and friends, and RegineÂ¢Â Â’s own search for understanding and acceptance of a world-changing diagnosis. Her obsession with rock music and attending concerts saturates the text as it does her short life, and her original poems and artistic photographs add extra dimension to what is sure to be an inspiring read for a new audience for this moving title that was originally published in RegineÂ¢Â Â’s Norway. Grades 8-12. --Cindy Dobrez --This text refers to an out of print or unavailable edition of this title.

How strong this young lady was. Heart breaking, but yet makes one realize, what one can accomplish, by having a positive attitude. Unbelievable courage, for someone as young as she. Couldn’t put the book down, until I got to all the notes people put on her blog. There are to many, and gets boring, trying to read them all. That is why I gave it four stars.

This was a wonderful book to read about the journey Regine had gone through with this terrible cancer disease. It’s tragic she had live such a short life. She had so much to offer and she did with this book. I’ve lost two relatives two cancer and on their memory I’ve made a commitment in their memory to being a registered bone marrow donor. It’s true that only the best flowers are picked first. She indeed was a beautiful flower...may she rest in peace...

Good book

This book was totally amazing, I am so sorry to Regines families loss, what an amazing, strong and beautiful young lady you raised...

I would recommend these sellers. They were quick about getting books out. the books were all in shape described. very very satisfied with their service and look for them in the future for other purchases.

Very sad as she didn't believe in God.

Very personal sounding narrative, written in a very engaging style. Heart rending story, but the grace and acceptance are remarkable.

When I picked up 'Regine's Book' I know that it was nonfiction and, for the most part, written by a girl who'd died of cancer. If you're like me, then you're asking yourself: "why read a book when you know it will make you cry?" I answered myself "because when I die, I want to leave something meaningful behind for the world...so how dare I ignore what this young woman left?" What an experience I had! Regine was honest, sometimes harsh, and always someone you'll wish you'd gotten the chance to know. I dislike most fiction involving disease and death: so often, the authors tend to rely on melodrama or try to push their religious opinions. This true story is so different, and by far the best way for literature to deal with diseases like cancer. Real people, not characters designed for sympathy, who you might have known, or passed at a bus stop, with human frustrations and complaints, and strengths that rival the greatest fictional heroes...they are the ones to laugh with, cry for, and be inspired by. I started crying almost too hard to keep reading towards the end of 'Regine's Book', but it was worth it to have, to some extent, gotten to know her. I was filled with a determination to live life to the fullest, and an appreciation for the human spirit. I was also staggered at what a good writer Regine was. There are many adult authors - darn good ones - who'd have a hard time matching her for flow, style, and expression. She was also an incredible photographer, and you'll get to see many of her beautiful photographs in the book. Please, experience 'Regine's Book' - you are missing so much, too much, if you don't.

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